

# LOCH FYNE

RESTAURANT + BAR

So the story goes... Let the ingredients sing. Our philosophy is the same today as it's always been, since Johnny and Andy opened their first oyster farm on the shores of Loch Fyne in 1978. From the loch to the coast, and the highlands around them, all our ingredients are responsibly cared for and sustainably sourced. And always ready to sing.

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## NIBBLES

Sourdough bread,  
oil & balsamic (v) 3.00

Nocellara olives (Vg) 3.00

Chorizo, parsley & white wine\* 4.95

Halloumi fries, chimichurri (v) 4.25

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## STARTERS

**SEA SALT & PEPPER SQUID 7.95**  
sesame seeds, tomato & chilli jam

**LOCH FYNE FISH SOUP\* 6.50**  
brandade, shaved Gruyère cheese,  
chargrilled rye sourdough bread

**WARM CURED MACKEREL 6.75**  
chorizo & potato salad,  
burnt apple purée

**PAN-FRIED CHILLI &  
GARLIC KING PRAWNS 7.95**  
lemon, olive oil,  
rye sourdough bread

**LOCH FYNE® CLASSIC  
SMOKED SALMON 8.25**  
capers, horseradish & chive cream,  
shallots, rye bread

**LOCH FYNE® SMOKED  
HADDOCK FISHCAKES 6.50**  
creamed mustard leeks, lemon oil

**SCOTTISH KING SCALLOPS 10.95**  
salsa verde, fregola, broad beans,  
sun-dried tomato

**SAMPHIRE & SWEET  
POTATO PAKORA (Vg) 5.50**  
date chutney

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## FISHMONGERS

**HAKE FILLET 18.95**

**WHOLE SEA BASS 18.95**

**WHOLE PLAICE 19.50**

All of the fresh fish from the fishmongers can be pan-fried, grilled or steamed, and served with a butter or sauce and two sides of your choice.

**LOCH FYNE® SALMON FILLET 18.95**

## BUTTERS

Lobster\* – 'Nduja – Smoked paprika & sun-dried tomato – Garlic – Chilli & lime

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## SAUCES

Roasted chilli oil – Chimichurri – Romesco (N) – Salsa verde – Tapenade

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## MAINS

**LOCH FYNE SEAFOOD  
MIXED GRILL\* 25.95**  
Scottish salmon, Scottish king  
scallop, squid, sea bass fillet,  
samphire, wilted spinach, lobster  
butter, sautéed new potatoes

**LOCH FYNE® POACHED  
SCOTTISH SMOKED  
HADDOCK 15.75**  
mashed potatoes, wholegrain  
mustard cream, garden peas,  
wilted spinach

**SPINACH GNOCCHI (V) 11.25**  
samphire, Tenderstem® broccoli,  
sun-dried tomatoes, chimichurri

**KING PRAWN LINGUINE\* 15.95**  
cherry tomatoes, samphire,  
tomato & chilli sauce

**WHOLE GRILLED  
LOBSTER 34.95**  
French fries, with your choice of  
garlic butter, chilli & lime butter  
or 'Nduja butter

**ROASTED SPICY CAULIFLOWER  
& BUTTERNUT SQUASH THAI  
GREEN CURRY (Vg) 12.50**  
wilted spinach, toasted coconut,  
basmati rice

**LOCH FYNE BATTERED  
LOIN OF COD AND  
TWICE-COOKED CHIPS 15.50**  
tartare sauce, mushy peas

**DONALD RUSSELL  
CHARGRILLED 8oz  
BEEF BURGER 14.75**  
crispy pancetta, Gruyère cheese,  
tomato, burger sauce, brioche bun,  
French fries

**LOCH FYNE® BRADAN  
ROST TORTELLONI 14.95**  
samphire, lemon oil

**THAI GREEN CURRY 15.95**  
king prawns, hake, wilted spinach,  
toasted coconut, basmati rice

**ADD TO ANY MAIN**  
½ lobster 15.00  
scallops 6.00  
prawns 4.00

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## SIDES

Buttered new potatoes (v) 3.95

Mashed potatoes with chives (v) 3.95

Pak choi, chilli, soy & ginger (V) 3.95

French fries or twice-cooked  
chips (v) 3.95

Samphire with fresh lemon (Vg) 3.95

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**Full allergen information on the ingredients in the food we serve is available upon request – please speak to a member of the team. Dishes may vary from those shown due to seasonal availability of ingredients.**

(V) suitable for vegetarians. (Vg) suitable for vegans. (\*) contains alcohol. (N) contains nuts. Fish, poultry and shellfish dishes may contain bones and/or shell. Please be aware that all our dishes are prepared in kitchens where nuts and gluten are present, as well as other allergens, therefore we cannot guarantee that any food item is completely 'free from' traces of allergens, due to the risk of cross contamination. Consuming raw or lightly cooked shellfish may increase your risk of food-borne illness. Our menu descriptions do not list all ingredients. Please ask your server before ordering if you are concerned about the presence of allergens in your food, alternatively full allergen information can be found at [www.lochfyneseafoodandgrill.co.uk](http://www.lochfyneseafoodandgrill.co.uk). Set menus are subject to availability and may be withdrawn on special event days and during December. Set menus are only available with specified offers and discounts. All service charges, cash and credit/debit card tips are paid in full to our team members.