

# Loch Fyne Activity Superstore Menu - Spring 2021 Allergen Information



We prepare our food in kitchens with products containing gluten and nuts as well as other allergens. The allergy data detailed in the table below has been derived from supplier specifications on the allergenic ingredients that have intentionally been added to the final food product. We have taken all reasonable steps to ensure that this table is accurate. We CANNOT guarantee that any product is "100% FREE FROM" any allergen due to the risk of cross-contamination risk in production, supply and preparation. If you suffer from sensitive trace reactions for stated allergens, please be aware that we are unable to guarantee suitability for you.

Please make yourself known to our staff and inform them of your allergy every time you dine with us, even if you have eaten the dish before, so that every possible precaution can be taken in our kitchens to prevent cross contamination and if product substitutions are in place our staff can make you aware of these.

Please be aware that the information below is provided to us by our suppliers, however due to preparation methods within our kitchens, we are unable to guarantee vegan suitability of our deep-fried products. Our vegan and vegetarian dishes are created using ingredients which have been confirmed suitable by our suppliers, however due to the preparation methods in our kitchens we are unable to confirm the full suitability of these products. Please speak to the team for further information.

\*\* Tree Nuts indicates the presence of the following:- almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts and their respective derivatives

\* Gluten is a protein component of wheat, rye, barley, kamut, spelt & oats

## How to read our allergen information:-

**Yes** - Suitable for Vegan/ Vegetarian - This indicates that the information that has been supplied to us indicates that the product is suitable for Vegans/Vegetarian

**No**- Suitable for Vegan/ Vegetarian - This indicates that the information that has been supplied to us indicates the product is NOT suitable for Vegan/ Vegetarian

**No** - Is not listed as an ingredient, but please note that absence in the final product cannot be guaranteed due to cross-contamination risks in production, supply and preparation

**No\*** - Indicates that whilst gluten is not a listed ingredient, due to the fryers being used for breaded products there is an increased cross-contamination risk

**Yes** - Indicates that the product CONTAINS that allergen and is a listed ingredient by the supplier

**Please bear in mind when ordering that some dishes have additional choices and therefore this may impact the total dish outcome.**

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Starters	Pan-Fried Chillli & Garlic King Prawns.	Total Allergen Outcome	No	No	Yes (Wheat, Rye)	No	No	No	Yes	No	No	No	No	No	No	No	Yes	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Starters	Samphire and sweet potato pakora, date chutney.	Total Allergen Outcome	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Starters	Smoked Haddock fishcakes, creamed mustard leeks, lemon oil	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	Yes	No	Yes	No	Yes	No	No	Yes
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Starters	Salt & Pepper Squid	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	No	Yes	No	No	Yes	No	Yes	No	Yes
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Starters	Scottish Rope Grown Mussels Starter	Total Allergen Outcome	No	No	Yes (Wheat, Rye)	No	No	No	No	No	No	No	Yes	Yes	No	No	No	Yes
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Starters	Loch Fyne Fish Soup with cod brandade	Total Allergen Outcome	No	No	Yes (Wheat, Rye)	No	No	Yes	No	No	Yes	No	Yes	No	No	No	Yes	Yes
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Starters	Warm cured mackerel fillet, Chorizo & potato salad, burnt apple puree	Total Allergen Outcome	No	No	Yes (Barley)	No	No	No	No	No	Yes	No	Yes	No	Yes	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Starters	Artichoke, Rosemary and Lemon Risotto	Total Allergen Outcome	No	Yes	No	No	No	Yes	No	Yes	No	No	Yes	No	No	No	No	Yes
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Starters	Bradan rost Tortelloni	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	Yes	No	Yes	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Starters	Duck Pastry, spiced cous cous, pomegranate mollasses	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	Yes	No	No	No	No	Yes	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Starters	Warm winter salad, puy lentil, red pepper dressing	Total Allergen Outcome	Yes	Yes	No	No	No	Yes	No	No	No	No	No	No	No	No	No	Yes
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Starters	Haggis Scotch Egg, curried potato cream, Turnip and mango chutney	Total Allergen Outcome	No	No	Yes (Wheat, Oat)	No	No	No	No	Yes	No	No	Yes	No	Yes	No	No	Yes
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Battered Haddock Loin, chips, Mushy Peas, Tartar Sauce	Total Allergen Outcome	No	No	Yes (Wheat, Barley)	No	No	No	No	Yes	Yes	No	No	No	No	No	Yes	Yes

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Prawn & chilli linguine	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	Yes	Yes	Yes	Yes	No	No	No	No	No	No	Yes
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Poached Loch Fyne Smoked Haddock	Total Allergen Outcome	No	No	No	No	No	No	No	No	Yes	No	Yes	No	Yes	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Thai seafood curry	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	Yes	No	Yes	No	No	No	No	No	Yes	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Thai Vegan curry	Total Allergen Outcome	Yes	Yes	Yes (Wheat)	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Seafood Risotto	Total Allergen Outcome	No	No	No	No	No	Yes	Yes	No	Yes	No	Yes	Yes	No	No	No	Yes
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Artichoke, lemon and rosemary risotto	Total Allergen Outcome	No	Yes	No	No	No	Yes	No	Yes	No	No	Yes	No	No	No	No	Yes
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Posh fish pie, tenderstem broccoli and sugar snaps	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	Yes	Yes	Yes	No	Yes	No	Yes	No	Yes	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Bradan Rost Tortelloni	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	Yes	No	Yes	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Chargrilled Beef Burger, pancetta, swiss cheese and classic burger sauce	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	Yes	No	Yes	No	No	Yes	No	Yes	No	No	Yes
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Scottish Rope Grown Mussels	Total Allergen Outcome	No	No	Yes (Wheat, Rye)	No	No	No	No	No	No	No	Yes	Yes	No	No	No	Yes
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Grilled Lobster - Please select your choice of butter listed below	Total Allergen Outcome	No	No	No*	No	No	No	Yes	No	No	No	No	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Garlic Butter		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Nduja Butter		No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Chilli and lime butter		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Baked Spinach gnocchi, wild mushroom, blue cheese, leek and Jerusalem artichoke	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	No	No	Yes
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Pork Belly, black pudding mash, creamed spinach, burnt apple puree	Total Allergen Outcome	No	No	Yes (Wheat, Oat)	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Warm winter salad, puy lentil, red pepper dressing	Total Allergen Outcome	Yes	Yes	No	No	No	Yes	No	No	No	No	No	No	No	No	No	Yes
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Fish Bar Sides & Sauces																	
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Garlic Butter		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Lobster Butter		No	No	No	No	No	No	Yes	Yes	No	No	Yes	No	No	No	No	Yes
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Roasted Chilli Oil		No	No	No	No	No	No	Yes	No	Yes	No	No	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Salsa Verde		No	No	No	No	No	No	No	No	Yes	No	No	No	Yes	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Chimichurri sauce		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Smoked Parika and Sundried Tomato Butter		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Romesco Sauce		No	Yes	Yes (Wheat)	Yes (Almonds)	No	No	No	No	No	No	No	No	No	No	No	Yes
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Sundried tomato and olive tapenade		No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Nduja Butter		No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Chilli and lime butter		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	French Fries		Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Twice Cooked Chips		Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Buttered Spinach		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Sauteed Potatoes		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Mash Potatoes with Chives		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Samphire and Lemon		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Savoy Cabbage and chestnut		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	New potatoes & Butter		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Dauphinoise Potatoes		No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	Yes
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Bombay potatoes		Yes	Yes	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Pak Choi, chilli soy, ginger and sesame		No	Yes	Yes (Wheat)	No	No	No	No	No	No	No	No	No	No	Yes	Yes	Yes

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Harissa Carrots		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Green Salad		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Fish Bar Whole Megrin Grilled	Total Allergen Outcome	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Fish Bar Whole Megrin Pan Fried	Total Allergen Outcome	No	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Fish Bar Whole Megrin Steamed	Total Allergen Outcome	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Fish Bar Whole Seabass Pan Fried	Total Allergen Outcome	No	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Fish Bar Whole Seabass Grilled	Total Allergen Outcome	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Fish Bar Whole Seabass Steamed	Total Allergen Outcome	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Fish Bar Loch Fyne Scottish Salmon Pan Fried	Total Allergen Outcome	No	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Fish Bar Loch Fyne Scottish Salmon Grilled	Total Allergen Outcome	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Fish Bar Loch Fyne Scottish Salmon Steamed	Total Allergen Outcome	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Fish Bar Cod Pan fried	Total Allergen Outcome	No	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Fish Bar Cod Grilled	Total Allergen Outcome	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Fish Bar Cod Steamed	Total Allergen Outcome	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Fish Bar Gilt Head Bream Pan fried	Total Allergen Outcome	No	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Fish Bar Gilt Head Bream Grilled	Total Allergen Outcome	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Mains	Fish Bar Gilt Head Bream Steamed	Total Allergen Outcome	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Desserts	Luxury Ice Cream & Sorbet - 3 Scoops, please select from the following flavours	Total Allergen Outcome	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Desserts	Vanilla Ice Cream		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Desserts	Strawberry Ice Cream		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	Yes	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Desserts	Mint Choc Ice Cream		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	Yes	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Desserts	Chocolate Split Ice Cream		No	Yes	No	Yes (Hazelnuts)	No	No	No	No	No	No	Yes	No	No	No	Yes	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Desserts	Walnut Ice Cream		No	Yes	No	Yes (Walnuts)	No	No	No	No	No	No	Yes	No	No	No	Yes	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Desserts	Amaretti Amaretto Ice Cream		No	Yes	No	Yes (Almonds)	No	No	No	Yes	No	No	Yes	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Desserts	Raspberry Sorbet		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Desserts	Lemon Sorbet		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Desserts	Pear Sorbet		No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Desserts	Vegan Vanilla Ice Cream		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	Yes	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Desserts	Vegan Ice Cream - 3 Scoops	Total Allergen Outcome	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	Yes	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Desserts	Creme Brulee	Total Allergen Outcome	No	Yes	Yes (Wheat, Oat)	No	No	No	No	Yes	No	No	Yes	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Desserts	Popcorn Sundae	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Desserts	Coconut rice pudding, kiwi jam	Total Allergen Outcome	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Desserts	Chocolate truffle cake, orange confit, mascarpone	Total Allergen Outcome	No	Yes	No	No	No	No	No	Yes	No	No	Yes	No	No	No	Yes	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Desserts	Blueberry ripple cheesecake	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Loch Fyne - Autumn Winter 2021 Activity Superstore Menu	Desserts	Sticky toffee pudding, tablet ice cream	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	No	No	No